Part Time Ninja Zone Instructor Starting Wage: \$12.36/hour

FREE YMCA Membership and 24/7 Access

POSITION SUMMARY:

The Ninja Zone Instructor is responsible for leading high-energy, safe, and engaging Ninja Zone classes that combine elements of gymnastics, martial arts, obstacle training, and freestyle movement. Instructors create a fun and structured environment that promotes confidence, discipline, coordination, and skill development in children. This position requires strong teaching skills, the ability to motivate and encourage youth, and a commitment to ensuring participant safety and positive behavior.

ESSENTIAL FUNCTIONS:

- Lead and coach Ninja Zone classes using the official curriculum
- Create a fun, safe, and supportive environment for all students
- Demonstrate and teach skills in agility, strength, coordination, and discipline
- Provide positive reinforcement and clear instruction to help kids grow
- Set up and break down obstacle courses and equipment
- Effectively communicate with parents about student progress and class updates
- Maintain a clean and organized Ninja space
- Attend staff meetings and ongoing training sessions
- Builds relationships with students and parents to help them connect with each other and the YMCA.
- Encourages parent involvement and identifies potential volunteers.
- Maintains records as required (i.e. attendance, progress reports, etc.).
- Follows all YMCA policies, rules, regulations and procedures, including emergency and safety procedures.
- Completes incident and accident reports as necessary.

QUALIFICATIONS:

- Must be at least 16 years old
- Experience working with children (coaching, teaching, babysitting, etc.)
- Background in gymnastics, martial arts, parkour, or youth sports is a plus
- Energetic, patient, and confident in leading groups of kids
- Strong communication and teamwork skills
- Able to instruct and observe participants and work independently.

PHYSICAL DEMANDS

- Ability to lift equipment up to 100 pounds
- CPR & AED certification is required and must be completed within 90 days of hire.

ABUSE RISK MANAGEMENT

EMPLOYEES WHO DIRECTLY OR INDIRECTLY SUPERVISE CHILDREN WILL:

- Adhere to policies related to boundaries with children.
- Attend required abuse risk management training.
- Adhere to procedures related to managing high-risk activities and supervising children.
- Report suspicious or inappropriate behaviors and policy violations.
- Follow mandated abuse reporting requirements.