

# YMCA™ 360

**A 360-DEGREE  
DIGITAL EXPERIENCE  
FOR MEMBERS ON  
MOBILE, TV, AND WEB**



## WHAT IS YMCA360?

YMCA360 is a member benefit that gives you access to virtual classes that support a healthy mind, body, and spirit. Additionally, members can engage in app features that allows you to customize your health and wellness journey. The things you love about the Y, its people, places, and programs, are all on YMCA 360!

- Livestream and on-demand classes taught by YMCA instructors from around the U.S.
- 3,000+ pieces of content supporting the mind, body, and spirit.
- Fitness classes, sports instructions, nutrition/cooking classes, children's book readings, and so much more!
- Get connected by joining challenges.
- Schedules at the tip of your fingers.

## DOWNLOAD THE APP TODAY!



Apple iOS



Google Play

