



**FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY**

Job Title: **Aqua Ability Swim Instructor – Part Time**

FLSA Status: NonExempt - Hourly

Reports to: Aquatics Director

POSITION SUMMARY:

The Aqua Ability Swim Instructor is responsible for leading adaptive swim lessons for individuals with physical, developmental, cognitive, or behavioral disabilities. This position requires a passion for working with diverse abilities, excellent communication skills, and the ability to foster a safe, inclusive, and encouraging aquatic environment.

ESSENTIAL FUNCTIONS:

1. Plan and conduct one-on-one and small-group adaptive swim lessons based on participant needs and goals in accordance with YMCA guidelines, having prepared lesson plans accordingly.
2. Modify teaching methods and techniques to accommodate varying abilities
3. Provide a safe and supportive environment that promotes water confidence, skill development, and independence
4. Communicate clearly and compassionately with participants, parents, guardians, and caregivers
5. Set up, sanitize, and put away equipment used during lessons
6. Respond appropriately to emergencies and follow YMCA aquatic safety protocols
7. Uphold and model the YMCA's core values of Caring, Honesty, Respect, and Responsibility
8. Attend staff trainings, in-service sessions, and required certifications
9. Instructs swimming lessons in accordance with YMCA guidelines, having prepared lesson plans accordingly.
10. Builds effective, authentic relationships with students and parents; helps them connect with each other and the YMCA. Encourages parent involvement and identifies potential volunteers. Provides exceptional customer service to promote the Aquatics program and YMCA.
11. Conveys information on aquatics programs and schedules and as appropriate refers students and parents to other programs.
12. Maintains records as required (i.e. attendance, progress reports, etc.).
13. Attends staff meetings and trainings as scheduled.
14. Follows all YMCA policies, rules, regulations and procedures, including emergency and safety procedures. Completes incident and accident reports as necessary.
15. Organizes and puts away needed class equipment. Reports damaged equipment to Aquatics Manager and lifeguard on duty.
16. Must be available for duration of program session, typically 7 week session. Class selection is determined 8 weeks before new session date begins.

QUALIFICATIONS:

1. Certifications: CPR for the Professional Rescuer, AED, Basic First Aid certification within 3 months of employment.
2. Ability to relate effectively to diverse groups of people from all social and economic segments of the community.
3. Must be able to demonstrate swim instructor skills in accordance with YMCA standards.

PHYSICAL DEMANDS

1. Must be able to remain alert.
3. Ability to instruct and observe participants.
4. Adequate ability to hear noises and distinguish distress signals.
5. Ability to lift equipment, and to lift repeatedly, with the assist of the water, a small to average size child weighing up to 100 pounds.
6. Ability to communicate verbally, including projecting voice across distance in normal and loud situations.
7. Ability to learn, develop, schedule and instruct swim lessons in the water.
8. Ability to Set clear expectations, follow YUSA curriculum for classes, maintain safety and control at all times and foster a positive environment during classes.