

HAPPY 4TH OF JULY!



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

MANITOWOC-TWO RIVERS YMCA JULY 2025 MEMBER NEWSLETTER

Hello, Y Members,

Hope this finds you soaking up all the goodness that is Summer on the Lakeshore. *Sidenote: Looking for a great "Summer Bucket List?" Look no further. Register for a chance to win prizes for checking off 20+ on the list by [clicking here!](#)*

If you've been in the Y recently and found our Leadership Team slightly distracted—mumbling to themselves about PIVOT tables and supplies, it's because summer at the Y is also Budget Season. We have a September 1st New Year here, so our Board reviews and approves (fingers crossed!) our operating budget every August for the coming year. I thought I would take this opportunity to share with you a few Y Budget FAQs:

What is our Y's Operating Budget?

\$3.5M; As a nonprofit, this represents both our revenue and our expense. We plan for a break-even budget, less depreciation.

What are the sources of our Y's revenue?

90% of our revenue is generated through fees—membership, program, and other services. The remainder is philanthropic support that ensures access for all & sponsors high-impact programs (LIVESTRONG, Teen Energyze, Youth in Government, etc.) A tiny percentage is generated via space rental, merch sales, etc. *Government Funding?* Our Early Childhood Ed teachers received a wage supplement through Child Care Counts which ended last month. We also receive a USDA partial reimbursement for food costs associated with our licensed child care.

What are the Y's largest costs? We are in the community-building, "people" business—as well as a child care/early education center—so no surprise that our largest costs are related to staffing: approx. 68% of our expense. After that comes building-related maintenance and operating expenses.

All Ys across the nation operate independently and I've had the benefit of seeing many of them over my 23+ year career. *We have a gem here in MTR*—and thanks to generations of prudent policy volunteer leadership and sound financial practices, we also have the benefit of being a fiscally sound and financially strong Y. Thank you all for making it so.

IMPACT SPOTLIGHT

Kalina's journey with the Y started as a daycare kid, followed by summers in YCAMP, swim lessons, family swim, and even a bit of tennis. In high school, she returned to volunteer in Child Watch, inspired by the impact her own Y teachers had on her. That full-circle moment led her to join the staff in 2022, and she's been working in school age childcare ever since—now serving as a summer camp team leader and a participant in the New Y Leaders program.

For Kalina, the best part of being a counselor is watching kids grow—seeing shy campers come out of their shells, build friendships, and return each year more confident than before. She especially values the friendly, welcoming environment that defines the Y. "It's the smiling faces—that's the beauty of the Y," she says. Kalina leads with respect, believes in the power of relationships, and is excited to live out this summer's theme: *Adventure Awaits.*



SUMMER DAY CAMPS

Registration for Y Camp and Energyze is still **OPEN!** Click [HERE](#) to register and choose your weeks! Thank you to our sponsor, Americollect!



YARN WITH FRIENDS

Come gather at the Y to crochet, knit, or do other needlework. Bring a project of your choice and your own materials and we'll provide the space to share creativity, ideas and tips.

July 16 1:30pm - 3:30pm
Fee: FREE for members, \$5 nonmembers

TEEN NIGHTS

Have your teen (ages 11-15) come to the Y from 5:30pm—7:00pm for TEEN NIGHTS to have fun with friends or make new friends! FREE for members, \$7 nonmembers.

July 8 Lawn Games & Root Beer Floats (Register by 7/7)

COFFEE TRUCK

Join us at the Watering Hole Mobile Coffee Bar at the Y on Tuesdays from 7-10 AM this summer starting in June!



BLOOD DRIVE

Donate blood. Help save lives. Join the American Red Cross on Monday, July 7 from 11:00am to 4:00pm in the Community Room at the Y.

For an appointment call 1-800-RED-CROSS or visit RedCrossBlood.org. Walk-ins are accepted.

FAMILY BINGO!

Bring the family to the Y and enjoy a few games of BINGO and fun! Sponsored by Braun Building Center. FREE for members, \$5 per family for nonmembers.

Thursday, July 24 | 6pm-7pm.

Build it, fix it—do it now!



GYMNASTICS CAMPS

Registration for Summer Gymnastics Camps is **NOW OPEN.** Camps run August 4-August 8.

To register, click [HERE](#).

JULY FITNESS

Join us for these special events in July. **All outdoor events are FREE TO THE PUBLIC!**

July 9-Central Park in Two Rivers

- 5:00 PM POUND with Kelsey (please bring a mat)

July 11-Central Park in Two Rivers

- 5:15 PM Family Dance/Yoga with Elizabeth and Tori. This event is geared towards families with children aged 2-7 followed by an ice cream social.

July 12-Maritime Museum Rooftop

- 8:00 AM SOULfusion with Danielle (please bring a mat)
- 9:00 AM Zumba with Tori

July 26-Studio Y

- 7:45 AM Group Fight New Material Launch with Jenny
- 9:00 AM Group Power New Material Launch with Melissa

JULY 4

The Y will be closed on Friday, July 4 and will reopen at our regular time on Saturday, July 5. Those members with 24/7 access will be able to access the 2nd floor of the Y anytime.

If you wish to sign up for 24/7 access, please do so by 8am on Thursday, July 3

Have a safe and happy Fourth of July!



FIND US ON:



SUMMER SAILING LESSONS

Participants can choose from two sailing sessions this summer. Session 1 will be held June 16 – July 20 and/or Session 2 will be held July 28 – August 31. One-time sails are one day only.

TILLER TIME (TT)

Committed class for the full summer. Intensive class with a 1 student on 1 instructor class. Meets 3x per week.

Goal: Student will learn how to confidently sail a sailboat, independently. **Curriculum:** Rigging, starting, stopping, tacking, glybing, docking, anchoring, and more. This is a YMCA sailing class and it will not certify you for ASA or US sailing licensure. Availability depends on person/instructor. Contact Lisa Nething at lnething@mtrymca.org for more information.

GROUP SAIL (GS)

Group of 3-4 who register for 1 session and schedule a regular weekly sail once per week.

Goal: Introduction to sailing whereby students learn in a group setting. **Curriculum:** Instruction in a fun, social setting. **Choose from Session 1 or Session 2 and the following dates and times.**

Sunday: 11:00am – 1:00pm
3:30pm – 5:30pm
Monday 3:30pm – 5:30pm
Wednesday 5:30pm – 7:30pm
Fee: \$229 per person member/nonmember

OPEN SAIL (OS)

A one-time sail. Groups of 2-4 who want to try it once. **Goal:** A sample of sailing. **Curriculum:** Introduction to sailing whereby student gets a 90-minute sail sampling steering, mainsheet trim and more. **Choose from Session 1 or Session 2 and the following dates and times.**

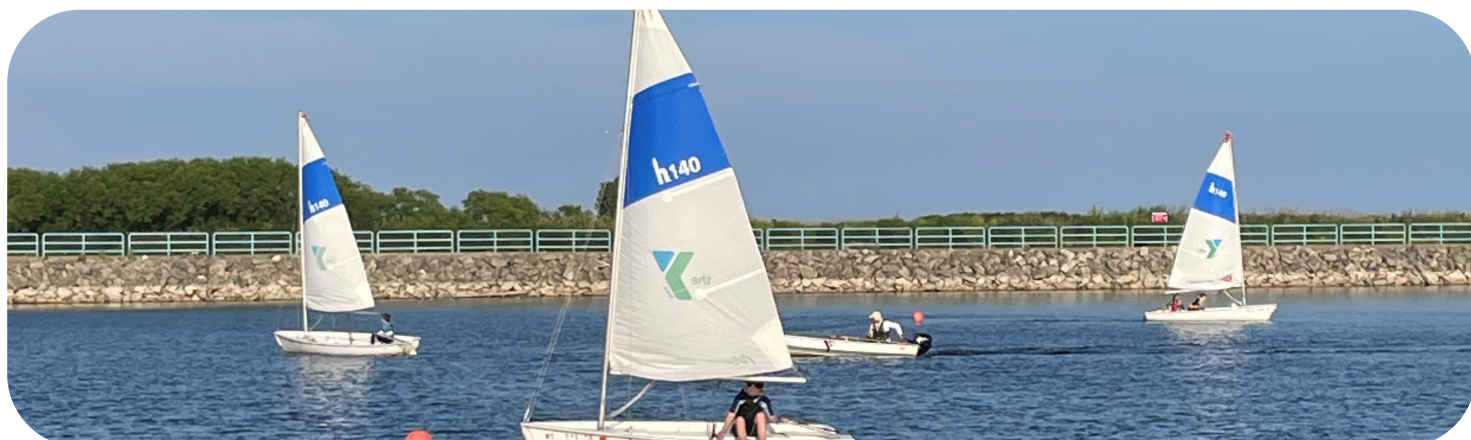
- **Sundays: 1:30 PM – 3:30 PM or 5:30 PM – 7:30 PM**
July 6, July 13, July 20, August 3, August 10, August 17, August 24, or August 31
- **Mondays: 5:30 PM – 7:30 PM**
July 7, July 14, July 28, August 4, August 11, August 18, or August 25
- **Wednesdays: 11:00 AM – 1:00 PM or 3:30 PM – 5:30 PM**
July 2, July 9, July 16, July 30, August 6, August 13, August 20, August 27

Fee: \$40 for 1 person
\$60 for 2 people

HUNTER 140 DINGHY CLASS (AGES 12-18)

No experience necessary. Participants will learn the basics of sailing, weather forecasting, knot tying and safety of the water. Participants meet two times per week for one session.

Monday 1:30pm – 3:30pm
Wednesday 1:30pm – 3:30pm
Fee: \$309 per person member/nonmember



FIND US ON:





FULLY LICENSED CARE

BEFORE & AFTER SCHOOL

**NOW
HIRING!**



**HAVE FUN &
BE ACTIVE
BEFORE & AFTER SCHOOL!**

RATES FOR 2025/2026:

- 1-3 days/week: \$137/month per AM or PM session
- 4-5 days/week: \$153/month per AM or PM session

**Registration will open
Monday, July 7 online at
mtrymca.org. Spots are given
on a first-come, first-served
basis.**

DISCOVER THE DIFFERENCE IN OUR AFTER SCHOOL PROGRAM:

We've designed our program to be more than just aftercare — it's a place where kids can thrive, because they deserve something special after school.

- Swimming with American Red Cross certified lifeguards
- Nutritious, healthy snacks to fuel growing minds and bodies
- Access to YMCA facilities, giving kids a safe, active environment to explore and enjoy

