



**FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY**

Job Title: **Gymnastics Instructor**

FLSA Status: NonExempt-Hourly Part Time

Reports to: **Gymnastics Director**

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### **POSITION SUMMARY:**

The Y is a community of people dedicated to serving others, nurturing children, and staying healthy in spirit, mind and body. This position is responsible for preparing and leading students through a gymnastics curriculum, while building team relationships, fostering confidence, and guiding appropriate behavior in a safe environment. This position requires the ability to be innovative, adaptable, adventurous and creative.

### **ESSENTIAL FUNCTIONS:**

1. Instructs gymnastics lessons in accordance with YMCA guidelines. Including set up and take down of equipment as needed.
2. Builds relationships with students and parents to help them connect with each other and the YMCA. Encourages parent involvement and identifies potential volunteers.
3. Conveys information on gymnastics programs and schedules and as appropriate refers students and parents to other programs.
4. Maintains records as required (i.e. attendance, progress reports, etc.).
5. Assists Gymnastics Director with special events within the gymnastics program and/or gymnastics center.
6. Attends staff meetings and trainings as scheduled.
7. Follows all YMCA policies, rules, regulations and procedures, including emergency and safety procedures. Completes incident and accident reports as necessary.
8. Trains and supervises class aides as assigned.

### **QUALIFICATIONS:**

1. Certifications: CPR for the Professional Rescuer, AED, Basic First Aid certification.
2. Must be able to demonstrate and/or guide others to demonstrate gymnastics basic skills in accordance with YMCA standards.
3. At least 16 years of age.

### **PHYSICAL DEMANDS**

Ability to instruct and observe participants in proper techniques.

Ability to lift equipment, and to spot/lift gymnastics students as they develop their skills

**EFFECTS & RESULTS:**

1. High quality gymnastics programs with efficient and professional trained staff.
2. Maintenance of a program designed to enhance children's self esteem.
3. This position will contribute to the overall mission of the YMCA to build strong kids, families, and communities.
4. Development and retention of positive community feelings toward the YMCA.
5. Creation of a program incorporating efficient operations with goals and objectives of the YMCA and serving children and their families in the most effective manner.
6. Encourage physical, emotional and intellectual growth in a safe and nurturing environment.