



Salutz Gym Schedule

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
9:00 AM – 9:45 AM Yoga <i>Candy</i>	9:00 AM – 9:45 AM Flex & Flow <i>Cheryl</i>	9:00 AM – 9:45 AM Yoga <i>Susan</i>	9:00 AM – 9:45 AM Flex & Flow <i>Cheryl</i>		
10:00 AM – 11:00 AM Wiggles & Giggles <i>Lisa</i>		10:00 AM – 11:00 AM Wiggles & Giggles <i>Lisa</i>	10:00 AM – 10:45 AM Stroller Strong <i>Keenie</i>		
					Updated 3/1/24

Please be respectful of these times and use the Prevea Gym while this gym is occupied.