

#### FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

# **AQUATIC SCHEDULE**

## **MANITOWOC-TWO RIVERS Y**

Main Pool INSTR POOL	Sunday 26 <sup>th</sup>	Monday 27th	Tuesday 28th	Wednesday 29th	Thursday 30 <sup>th</sup>	Friday 31st	Saturday 1st
May 26 <sup>th</sup> – June 1st	POOLS CLOSED		MAIN POOL 5:00-730am Lap Swim (all lanes)	MAIN POOL 5AM-7AM LAP SWIM ALL LANES	MAIN POOL 5-730AM Lap Swim (all lanes)	MAIN POOL Opens 7AM	Opens at 9am MAIN POOL
**SCHEDULE IS SUBJECT TO CHANGE WITHOUT NOTICE***	May 26th	YMCA CLOSED MAY 27th	MAIN POOL 730-945am Open1-4 Lap 5-6	MAIN POOL 7AM-12pm Open 1-4 Lap 5-6	MAIN POOL 730am-945am Open 1 -4 Lap 5-6	MAIN POOL 7am-1030am Lap 5/6 Open 1 - 4	9AM-1PM Laps lanes 4-6 Open lanes 1-3
Multiple activities are often scheduled in the pool at the same time. Open swim may have lap swimmers in lanes 1-4, please be courteous of space for them.			Main Pool Water Jog Lanes 1-4 945-1030am Lap 5/6 INSTR POOL 10am-1030 Open 1030-11am Water Yoga 11-12 Open	INSTR POOL 930-11 Family/Open 11 – 1145 H20 Fusion MAIN POOL 12pm -1pm Lap Swim (all lanes)	Main Pool Water jog 945-1030am LANES 1-4 LAP 5/6 Main Pool 1030-12pm Lap 5/6 Open lanes 1-4	MAIN POOL CLOSED FOR LG BREAK 1030am - 11am MAIN POOL 11AM-12PM LAP 5/6 OPEN 1-4 MAIN POOL LAP ONLY 12pm-1pm All lanes	
All children under the age of 8 need an adult in the pool with child. All children 8 -12 need an adult in the pool area at all times. **please check Y App daily for any updates.			Main POOL 1030-12pm Lap lanes 5/6 Open 1-4 MAIN POOL 12pm-1 pm Lap only (all lanes) POOLS CLOSED 1pm – 3pm Cleaning	Main Pool 1p-7pm Lap swim lanes 5/6 Open Lanes 1-4	Itam - 1145AM H20 FITNESS INSTR CHOICE MAIN POOL 12pm -1pm Lap Swim All lanes MAIN POOL 1pm-7pm LAP 5/6 Open 1-4	An lanes POOLS CLOSE @ 1PM	
			MAIN POOL 3pm-7pm Lap swim 5/6 Open 1-4		INSTR POOL 530-7pm Family swim		



## POOL SCHEDULE IS SUBJECT TO CHANGE \*\*please check y app daily for schedule\*\*

## **GENERAL SWIM**

Staff reserves the right to limit the amount of patrons in the pool at any time.

During lap swim, patrons must be swimming laps in a north to south movement.

Proper swim attire must be worn at all times and is subject to YMCA attire rules.

Please follow Pool Rules posted on walls of both pools.

## FAMILY SWIM

A parent MUST be *in the water* at all times with the youth.

Anyone using a floatation device MUST be within arms lengths of a parent. The floatation device must be Coast Guard Approved. Arm floats are NOT allowed.

## **OPEN SWIM**

Under 8 years of age... an adult MUST be in the pool with child. IF the child is wearing ANY floatation device, the adult must be within arm's reach AT ALL TIMES.

Ages 8 – 11 years of age... an adult MUST be in the pool area, actively supervising. If child(ren) are using flotation devices an adult must be in the water and within arm's reach.

Must be 12 years old to be in the pool without a parent in the pool area.

## **SWIM TEST**

Swim tests will be given to anyone in either pool where a guard sees a questionable swimmer or anyone under the age of 16.

Swim 1 length of the pool (25 yards) using front crawl with eyes in the water.

1 minute of treading water in deep end of the pool.