

FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY

AQUATIC SCHEDULE

MANITOWOC-TWO RIVERS Y

Main Pool INSTR POOL	Sunday 24th	Monday 25th	Tuesday 26th	Wednesday 27th	Thursday 28th	Friday 29th	Saturday 30th
March 24th – March 30th	Pool	Pool opens @ 7am	MAIN POOL 5:00-730am Lap Swim (all lanes)	MAIN POOL 5AM-7AM LAP SWIM ALL LANES	MAIN POOL 5-730AM Lap Swim (all lanes)	MAIN POOL Opens 7AM	Opens at 9am
Schedule IS Subject to Change Without Notice*	Opens @ 9am March 24 th MAIN POOL 9 – 1030am ALL LANES	MAIN POOL 7am – 11am Lanes 5/6 Lap Swim Lanes 1 – 4	MAIN POOL 730-945am Open1-4 Lap 5-6 Main Pool	MAIN POOL 7AM-12pm Open 1-4 Lap 5-6 INSTR POOL	MAIN POOL 730am-945am Open 1 -4 Lap 5-6	MAIN POOL 7am-12pm Lap 5/6 Open 1 - 4	MAIN POOL 9am -1030 Lap Swim All Lanes
Multiple activities are often scheduled in the pool at the same time.	LAP SWIM 1030-130pm Lap 5/6	Open INSTR POOL 930-12:00	Water Jog Lanes 1-4 945-1030am Lap 5/6	930-12 Open/family	Main Pool Water jog 945-1030am LANES 1-4	MAIN POOL LAP ONLY 12pm-1pm	Main Pool 1030pm – 4pm
Open swim may have lap swimmers in lanes 1-4, please be courteous of space for	Open 1-4 INSTR POOL 11am-130pm Family Swim	Open/Family No fitness Classes Instructor Vacation	INSTR POOL 930-1030 Open 1030-11 Water Yoga	classes	LAP 5/6 Main Pool 1030-12pm Lap 5/6 Open lanes 1-4	All lanes Main Pool 1pm-3pm Lap 5/6 Open 1-4	Lap lanes 5/6 Open 1-4 INSTR POOL 100-4pm Family Swim
them. All children under the	130-5pm Swim Lessons Both pools	MAIN POOL 12pm – 1pm Lap Swim	11-12 open Main POOL 1030-12pm Lap lanes 5/6	MAIN POOL 12pm -1pm Lap Swim (all lanes)	INSTR POOL 11am -12pm Open/family	INSTR POOL 11am -3pm Family Swim	
age of 8 need an adult in the pool with child. All children 8 -12 need an adult in the pool area at all times.		ALL Lanes MAIN POOL 1pm – 715pm	Open 1-4 MAIN POOL 12pm-1 pm Lap only	Main Pool 1p-7pm Lap swim lanes 5/6 Open	MAIN POOL 12pm -1pm Lap Swim All lanes		
**please check Y App daily for any updates.		Lanes 5/6 Lap Swim Lanes 1 – 4 Open	(all lanes) POOLS CLOSED 1pm – 3pm Cleaning	Lanes 1-4	MAIN POOL 1pm-7pm LAP 5/6 Open 1-4		
			MAIN POOL 3pm-4pm Lap swim 5/6 Open 1-4		INSTR POOL 530-7pm Family swim		
			4pm-7pm Swim Lessons Both Pools				



POOL SCHEDULE IS SUBJECT TO CHANGE ** please check y app daily for schedule**

GENERAL SWIM

Staff reserves the right to limit the amount of patrons in the pool at any time.

During lap swim, patrons must be swimming laps in a north to south movement.

Proper swim attire must be worn at all times and is subject to YMCA attire rules.

Please follow Pool Rules posted on walls of both pools.

FAMILY SWIM

A parent MUST be *in the water* at all times with the youth.

Anyone using a floatation device MUST be within arms lengths of a parent. The floatation device must be Coast Guard Approved. Arm floats are NOT allowed.

OPEN SWIM

Under 8 years of age... an adult MUST be in the pool with child. IF the child is wearing ANY floatation device, the adult must be within arm's reach AT ALL TIMES.

Ages 8 – 11 years of age... an adult MUST be in the pool area, actively supervising. If child(ren) are using flotation devices an adult must be in the water and within arm's reach.

Must be 12 years old to be in the pool without a parent in the pool area.

SWIM TEST

Swim tests will be given to anyone in either pool where a guard sees a questionable swimmer or anyone under the age of 16.

Swim 1 length of the pool (25 yards) using front crawl with eyes in the water.

1 minute of treading water in deep end of the pool.

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