



# **AQUATIC SCHEDULE**

# **MANITOWOC-TWO RIVERS Y**

Main Pool INSTR POOL	Sunday 2nd	Monday 3rd	Tuesday 4th	Wednesday 5th	Thursday 6th	Friday 7th	Saturday 8th
June 2nd to June 8th	Pool Opens @ 9am	Pool opens @ 7am	MAIN POOL 5:00-730am Lap Swim (all lanes)	MAIN POOL 5AM-7AM LAP SWIM ALL LANES	MAIN POOL 5-730AM Lap Swim (all lanes)	MAIN POOL Opens 7AM	Opens at 9am  MAIN POOL 9AM-12PM
**SCHEDULE IS SUBJECT TO CHANGE	Main Pool	MAIN POOL 7am – 11am Lanes 5/6	MAIN POOL 730-945am Open1-4 Lap 5-6	MAIN POOL 7AM-12pm Open 1-4 Lap 5-6	MAIN POOL 730am-945am Open 1 -4 Lap 5-6	MAIN POOL 7am-1030am Lap 5/6 Open 1 - 4	Laps lanes 5/6 Open lanes 1-4
WITHOUT NOTICE***	9 – 1030am ALL LANES LAP SWIM	Lanes 3/6 Lap Swim Lanes 1 – 4 Open	Main Pool Water Jog	INSTR POOL 930-11	Main Pool Water jog	MAIN POOL CLOSED FOR	1-4
Multiple activities are often scheduled in the pool at the same time.	1030-3pm Lap 5/6	INSTR POOL 930-1015	Lanes 1-4 945-1030am Lap 5/6	Family/Open  11 - 1145	945-1030am LANES 1-4 LAP 5/6	LG BREAK 1030am – 11am	
Open swim may have lap swimmers in lanes	Open 1-4  INSTR POOL 12-3pm	Family/Open  1015-1045  Water Arthritis	INSTR POOL 10am-1030 Open	H20 Fusion	Main Pool 1030-12pm Lap 5/6	MAIN POOL 11AM-12PM LAP 5/6 OPEN 1-4	
1-4, please be courteous of space for them.	Family Swim	11 - 1145 H20 Fusion	1030-11am Water Yoga 11-12	MAIN POOL 12pm -1pm Lap Swim	Open lanes 1-4	MAIN POOL LAP ONLY	
uiciii.	** LAST SUNDAY POOLS OPEN	MAIN POOL 12pm – 1pm	Open Main POOL 1030-12pm	(all lanes)  Main Pool	INSTR POOL 11am - 1145AM	12pm-1pm All lanes	
All children under the age of 8 need an adult	UNTIL SEPTEMBER 8 <sup>th</sup> **	Lap Swim ALL Lanes	Lap lanes 5/6 Open 1-4	<b>1p-7pm</b> Lap swim lanes 5/6	H20 FITNESS INSTR CHOICE	POOLS CLOSE @ 1PM	
in the pool with child.  All children 8 -12 need an adult in the pool area at all times.		MAIN POOL 1pm - 4pm Lanes 5/6	MAIN POOL 12pm-1 pm Lap only (all lanes)	Open Lanes 1-4	MAIN POOL 12pm -1pm Lap Swim All lanes		
**please check Y App		Lap Swim Lanes 1 - 4 Closed for MTWC CTY	POOLS CLOSED 1pm – 3pm		MAIN POOL 1pm-7pm LAP 5/6		
daily for any updates.		Sheriffs Training.	Cleaning  MAIN POOL		Open 1-4		
		Main Pool 4pm-715pm Lap Lanes 5/6 Classes Lanes 1-4	3pm-7pm Lap swim 5/6 Open 1-4		INSTR POOL 530-7pm Family swim		





POOL SCHEDULE IS SUBJECT TO CHANGE \*\*please check y app daily for schedule\*\*

### **GENERAL SWIM**

Staff reserves the right to limit the amount of patrons in the pool at any time.

During lap swim, patrons must be swimming laps in a north to south movement.

Proper swim attire must be worn at all times and is subject to YMCA attire rules.

Please follow Pool Rules posted on walls of both pools.

#### **FAMILY SWIM**

A parent MUST be in the water at all times with the youth.

Anyone using a floatation device MUST be within arms lengths of a parent. The floatation device must be Coast Guard Approved. Arm floats are NOT allowed.

#### **OPEN SWIM**

Under 8 years of age... an adult MUST be in the pool with child. IF the child is wearing ANY floatation device, the adult must be within arm's reach AT ALL TIMES.

Ages 8 – 11 years of age... an adult MUST be in the pool area, actively supervising. If child(ren) are using flotation devices an adult must be in the water and within arm's reach.

Must be 12 years old to be in the pool without a parent in the pool area.

## **SWIM TEST**

Swim tests will be given to anyone in either pool where a guard sees a questionable swimmer or anyone under the age of 16.

Swim 1 length of the pool (25 yards) using front crawl with eyes in the water.

1 minute of treading water in deep end of the pool.